

## Korean Terms applicable to 4th Degree Black Belt



### YON-GAE

### 49 Moves

**Ready Position:** Warrior Ready Stance A      Moosa Chunbi Sogi A

### New Moves

L Stance Reverse Knife-Hand Low  
Guarding Block

Niunja So Sonkal Dung Najunde Daebi Makgi

Walking Stance Long Fist High Punch

Gunnun So Ghin Joomuk Nopunde Jirugi

L Stance X-Fist Checking Block

Niunja So Kyocha Joomuk Momchau Makgi

Flying Knife-Hand Side Strike

Twimyo Sonkal Yop Taerigi

Walking Stance Knife-Hand Low Reverse  
Outward Block

Gunnun So Sonkal Najunde Bandae Bakuro  
Makgi

Rear Foot Stance Inner Forearm Waist  
Block

Dwitbal So An Palmok Hori Makgi

Sitting Stance Reverse Knife-Hand W-  
Shape Block

Annun So Sonkal Dung San Makgi

X-Stance Back Fist Downward Strike

Kyocha So Dung Joomuk Naeryo Taerigi

Sitting Stance Twin Straight Forearm  
Checking Block

Annun So Sang Son Palmok Momchau Makgi

X-Stance Forefist Upward Punch

Kyocha So Ap Joomuk Ollyo Jirugi

L Stance Knife-Hand High Outward Strike

Niunja So Sonkal Nopunde Bakuro Taerigi

Walking Stance Reverse Knife-Hand Low  
Inward Block

Gunnun So Sonkal Dung Najunde Anuro Makgi

## Korean Terms applicable to 4th Degree Black Belt



### UL-JI

### 42 Moves

**Ready Position:** Parallel Stance with a X Back Hand

Narani So Kyocha Sondung

### New Moves

Walking Stance Twin Side Fist Horizontal Strike

Gunnun So Sang Yop Joomuk Soopyong Taerigi

Walking Stance Knife-Hand High Reverse Front Strike

Gunnun So Sonkal Nopunde Bandae Ap Taerigi

Sitting Stance Front Elbow Strike

Annun So Ap Palkup Taerigi

Walking Stance Forearm Reverse Rising Block

Gunnun So Palmok Bandae Chookyo Makgi

Walking Stance High Reverse Punch

Gunnun So Nopunde Bandae Jirugi

Flying High Kick

Twimyo Nopi Chagi

Walking Ready Stance

Gunnun Chunbi Sogi

L Stance X-Fist Pressing Block

Niunja So Kyocha Joomuk Noollo Makgi

L Stance Inner Forearm Middle Wedging Block

Niunja So An Palmok Kaunde Hechyo Makgi

Fixed Stance Palm Pushing Block

Gojong So Sonbadak Miro Makgi

X Stance Twin Side Elbow Thrust

Kyocha So Sang Yop Palkup Tulgi

Fixed Stance X-Knife-Hand Middle Block

Gojong So Kyocha Sonkal Kaunde Makgi

L Stance Palm Upward Block

Niunja So Sonbadak Ollyo Makgi

Backward Double Step Jumping

Dwiro Ibo Omgyo Didimyo Twiggi

## Korean Terms applicable to 4th Degree Black Belt



### MOON-MOO

### 61 Moves

**Ready Position:** Parallel Ready Stance

Narani Chunbi Sogi

### New Moves

Sitting Stance Flat Fingertip Middle Thrust

Annun So Opun Sonkut Kaunde Tulgi

X Stance Knife-Hand Side Strike

Kyocha So Sonkal Yop Taerigi

One Leg Stance Knife-Hand Outward Block

Waebal So Sonkal Bakuro Makgi

Rear Foot Stance Palm Downward Block

Dwitbal So Sonbadak Naeryo Makgi

Sitting Stance Side Fist Middle Side Strike

Annun So Yop Joomuk Kaunde Yop Taerigi

Sitting Stance Knife-Hand Low Side Block

Annun So Sonkal Najunde Yop Makgi

Side Pushing Kick

Yopcha Milgi

High Twisting Kick

Nopunde Bituro Chagi

Side Checking Kick

Yopcha Momchoogi

Side Thrusting Kick

Yopcha Tulgi

X Stance Low Punch

Kyocha So Najunde Jirugi

Walking Stance Arc-Hand Reverse Rising Block

Gunnun So Bandalson Bandae Chookyo Makgi