

Heart of England-ITF Taekwon-do
Grading Equipment Requirements

Effective From
SAT 20TH MARCH 2010

ALL YELLOW BELTS AND ABOVE MUST HAVE
A STUDENT PADDLE OR FOCUS PAD TO USE
AT GRADINGS - COST £15

ALL GREEN BELTS AND ABOVE MUST HAVE
FULL SAFETY SPARRING EQUIPMENT

WHITE ITF DOBOKS TO BE WORN AT
GRADINGS OLD SUITS MUST HAVE HEART OF
ENGLAND BADGE OVER OLD LOGO

IF YOU DO NOT HAVE THE CORRECT
EQUIPMENT AT GRADING YOU WILL NOT BE
ABLE TO BE GRADED AND RECEIVE THE
RELEVANT MARK FOR THAT EXERCISE

**If you have any concerns in relation to any
aspect of your grading see your instructor**